

Effects of proton pump inhibitors on gastrointestinal bleeding and cardiovascular outcomes in myocardial infarction patients treated with DAPT

Danbee Kang^{1,2}, PhD; Ki Hong Choi^{3*}, MD, PhD; Hyejeong Park¹, MS; Jihye Heo^{1,2}, BS; Taek Kyu Park³, MD, PhD; Joo Myung Lee³, MD, PhD; Juhee Cho^{1,2}, PhD; Jeong Hoon Yang³, MD, PhD; Young Bin Song³, MD, PhD; Seung-Hyuk Choi³, MD, PhD; Hyeon-Cheol Gwon³, MD, PhD; Joo-Yong Hahn³, MD, PhD

**Corresponding author: Division of Cardiology, Department of Internal Medicine, Heart Vascular Stroke Institute, Samsung Medical Center, Sungkyunkwan University School of Medicine, 81 Irwon-ro, Gangnam-Gu, 06351, Seoul, Republic of Korea.
E-mail: cardiokh@gmail.com*

This paper also includes supplementary data published online at: <https://eurointervention.pcronline.com/doi/10.4244/EIJ-D-24-00673>

ABSTRACT

BACKGROUND: A discrepancy exists between the European and American guideline recommendations for the routine use of proton pump inhibitors (PPIs) in patients treated with dual antiplatelet therapy (DAPT).

AIMS: This study aimed to determine the association between the co-prescription of PPIs and DAPT and the occurrence of gastrointestinal bleeding and ischaemic events in patients with acute myocardial infarction (AMI) undergoing percutaneous coronary intervention (PCI).

METHODS: A search was conducted using a nationwide Korean claims database to identify patients with AMI undergoing PCI with DAPT. Patients were matched using a large-scale propensity score (PS) algorithm according to the co-prescription of PPIs. The primary efficacy endpoint was major gastrointestinal bleeding requiring transfusion with hospitalisation within 1 year. The primary safety endpoint was major adverse cardiac and cerebrovascular events (MACCE), a composite of cardiovascular death, spontaneous myocardial infarction, repeat revascularisation and ischaemic stroke within 1 year.

RESULTS: Among the total population, 30.0% of patients (n=35,566) received PPIs with DAPT after PCI for AMI. After PS matching, 35,560 pairs were generated. Compared to patients without PPIs, those on PPIs were associated with a significantly lower 1-year risk of major gastrointestinal bleeding (0.7% vs 0.4%, hazard ratio [HR] 0.59, 95% confidence interval [CI]: 0.48-0.73). The 1-year risk of MACCE did not differ significantly between the groups with or without PPIs (13.4% vs 13.1%, HR 0.98, 95% CI: 0.94-1.02). The beneficial effects of PPIs on gastrointestinal bleeding, without increased risk of cardiovascular events, were observed consistently, regardless of P2Y₁₂ inhibitor type, PPI type, or individual bleeding risk.

CONCLUSIONS: In real-world data from a large study of East Asian patients with AMI undergoing PCI and maintaining DAPT, PPI use significantly reduced the risk of major gastrointestinal bleeding without increasing ischaemic events, irrespective of bleeding risk or type of P2Y₁₂ inhibitor. (ClinicalTrials.gov: NCT06241833)

KEYWORDS: acute myocardial infarction; dual antiplatelet therapy; gastrointestinal bleeding; major adverse cardiac and cerebrovascular events; proton pump inhibitor

Across the spectrum of patients with acute myocardial infarction (AMI) undergoing percutaneous coronary intervention (PCI), maintenance of 1-year dual antiplatelet therapy (DAPT) with aspirin and a P2Y₁₂ inhibitor is the standard care¹⁻³. In particular, the development of potent P2Y₁₂ inhibitors, including prasugrel or ticagrelor, has led to their preferred use over clopidogrel in patients with AMI to reduce further ischaemic events, but concerns about the risk of bleeding have increased⁴⁻⁶. In this regard, the European Society of Cardiology (ESC) guidelines recommend co-prescribing a proton pump inhibitor (PPI) with DAPT as a Class I recommendation to help reduce the risk of gastrointestinal (GI) bleeding, which is the most common bleeding focus during the administration of DAPT^{7,8}.

However, several studies have raised concerns that PPIs might reduce the antiplatelet activities of clopidogrel, possibly through the inhibition of cytochrome P450-2C19 (CYP2C19) isoenzyme, and thereby interfere with the conversion of clopidogrel into its active metabolite⁹⁻¹². Although the Clopidogrel and the Optimization of Gastrointestinal Events trial (COGENT-1) indicated that the prophylactic use of PPIs in patients on DAPT, comprising aspirin plus clopidogrel, had gastrointestinal (GI)-protective effects and did not increase cardiovascular events, the trial was limited because it used a single PPI, omeprazole, and was stopped early¹³. Furthermore, there was limited evidence on the effects of PPIs on GI bleeding events in patients with AMI who continued potent P2Y₁₂ inhibitor-based DAPT after PCI. Although substudies from the Study of PLATelet Inhibition and Patient Outcomes (PLATO) and the Trial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition with Prasugrel–Thrombolysis in Myocardial Infarction 38 (TRITON-TIMI 38) identified the effect of PPIs in prasugrel or ticagrelor users, conflicting results regarding ischaemic events were obtained, and neither study showed a reduction in bleeding events^{14,15}. This is probably due to the failure to address the confounding factors of higher PPI use in patients at higher bleeding risk.

Therefore, we emulated a target trial¹⁶ to determine the effect of PPIs on GI bleeding and cardiovascular outcome in AMI patients maintained on DAPT after PCI and to confirm the interaction between the type of P2Y₁₂ inhibitor and the use of PPIs, using a large nationwide cohort.

Editorial, see page e200

Methods

DATA SOURCES

This study was a nationwide retrospective analysis of the National Health Claims database established by the Korean National Health Insurance Service (K-NHIS). The K-NHIS database represents the entire population of Korea¹⁷, and all citizens are continuously enrolled unless they are ineligible because of emigration or death. This database contains

Impact on daily practice

In a retrospective nationwide cohort study that included 35,560 propensity score-matched pairs, the use of proton pump inhibitors (PPIs) was associated with a lower risk of major gastrointestinal bleeding after 1 year. There was no significant difference in the risk of major adverse cardiac and cerebrovascular events (a composite of cardiovascular death, spontaneous myocardial infarction, repeat revascularisation, and ischaemic stroke) between the use of dual antiplatelet therapy (DAPT) with or without PPIs. The beneficial effects of PPIs on gastrointestinal bleeding, without an increased risk of cardiovascular events, were observed consistently, regardless of P2Y₁₂ inhibitor type, PPI type, or individual bleeding risk. These findings promote routine PPI use in patients on DAPT.

all Korean healthcare information, including diagnoses, prescriptions, and surgical procedures.

STUDY PARTICIPANTS

Among the 52 million Korean citizens included in the K-NHIS database, we identified 161,825 adult patients (aged 40-80 years) who underwent PCI for AMI and were treated with either clopidogrel, prasugrel or ticagrelor in combination with aspirin, between January 2013 and December 2020. In accordance with the eligibility criteria of the COGENT-1 trial, we excluded patients who had received a PPI, an H2-receptor antagonist, sucralfate or misoprostol within 30 days of admission (N=5,304); pre-existing active malignancy (N=8,411); a history of red blood cell (RBC) transfusions (N=3,383); or an RBC transfusion at index admission for AMI (N=11,313). Patients with severe conditions, including those who experienced cardiogenic shock (N=930) or had a length of stay exceeding 14 days (N=13,878), were also excluded. Additionally, patients who received other discharge medications that could affect bleeding, such as an oral anticoagulant (N=5,039) or H2-receptor antagonist (N=12,888), were excluded. Since study participants could have more than one exclusion criterion, the final sample size was 118,420 (Figure 1).

MEASUREMENTS

All procedures and prescriptions (mapped to the Anatomical Therapeutic Chemical classification system) were coded using domestic codes. Diagnoses are coded using the International Classification of Diseases, 10th revision (ICD-10). As the K-NHIS routinely audits the claims, such data are considered reliable and are used in numerous peer-reviewed publications^{18,19}.

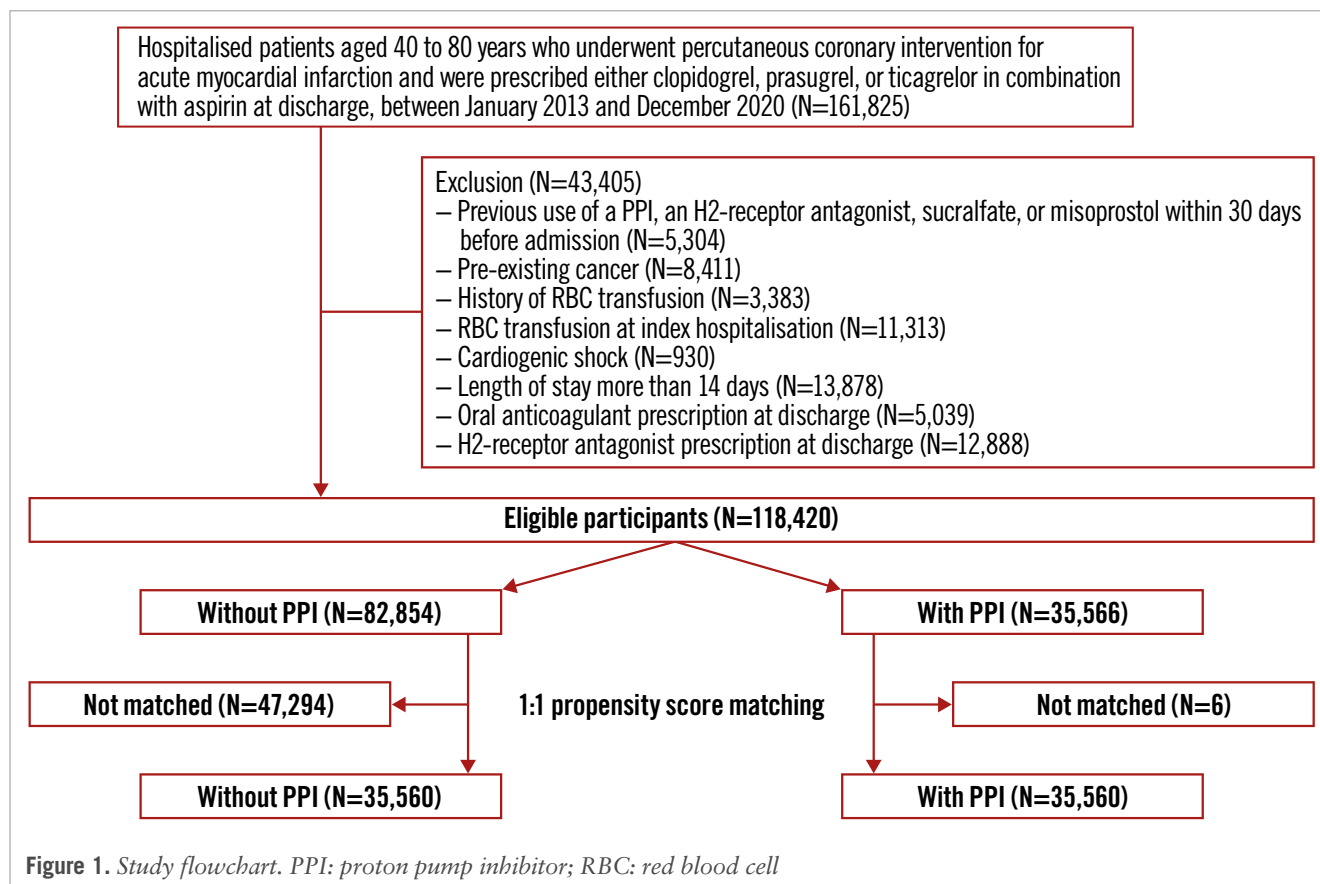
This study compared the outcomes between patients who received a combination of aspirin and clopidogrel, prasugrel or ticagrelor as DAPT along with a PPI and those who received

Abbreviations

AMI acute myocardial infarction
DAPT dual antiplatelet therapy
GI gastrointestinal

HBR high bleeding risk
MACCE major adverse cardiac and cerebrovascular events

PCI percutaneous coronary intervention
PPI proton pump inhibitor



DAPT without a PPI. For the subgroup analysis of the P2Y₁₂ inhibitor type, patients were classified into two groups based on their discharge medication: clopidogrel or prasugrel/ticagrelor. Patients who were prescribed both clopidogrel and prasugrel or ticagrelor as discharge medication were reclassified based on their prescribed medication at the next visit. Co-prescription of a PPI was defined as the presence of a prescription for dexlansoprazole, esomeprazole, lansoprazole, omeprazole, pantoprazole, or rabeprazole as a discharge medication, which is defined as a prescription of at least 2 days at discharge. In assessing compliance, we examined the percentage of patients who were both alive and consistently using a specific medication at a given point in time.

Baseline characteristics included age, sex, health-related behaviours, and comorbidities. Details of the data collection process and definitions of covariates are presented in **Supplementary Appendix 1**. Comorbidities, including history of myocardial infarction (MI), chronic heart failure, diabetes mellitus, hypertension, hyperlipidaemia, GI ulcer, anaemia, liver cirrhosis, chronic kidney disease with dialysis, stroke, and intracranial haemorrhage, were defined by diagnosis codes, prescription records, and inpatient and/or outpatient hospital visits within 1 year of admission (**Supplementary Table 1**). A high bleeding risk (HBR) was defined by the Academic Research Consortium (ARC)²⁰.

ENDPOINTS

The primary efficacy endpoint was major GI bleeding, which was defined as hospitalisation, or an emergency room visit with diagnostic codes in the primary position and transfusion

receipt. The definition demonstrated a positive predictive value of 92% for GI bleeding in a previous validation study²¹. Furthermore, we incorporated incidents of major or minor GI bleeding that necessitated hospitalisation, regardless of whether transfusion was required, as a secondary efficacy endpoint.

The primary safety endpoint was major adverse cardiac and cerebrovascular events (MACCE), which was defined as a composite of cardiovascular death, spontaneous MI, repeat revascularisation, and ischaemic stroke. Vital status and cause of death were obtained from death certification data collected by Statistics Korea¹⁸. Cardiovascular death was defined by the presence of cardiovascular disease codes (I00-I78). Spontaneous MI (I21-I22) was defined by the presence of the diagnostic codes in the primary position during hospitalisation. In a validation study, the accuracy of diagnosis of MI in K-NHIS data was 93%²². Repeat revascularisation was defined by the presence of procedure codes for PCI or coronary artery bypass grafting after the index date. Ischaemic stroke was defined by the presence of the diagnostic codes for ischaemic stroke (I63-I64) in the primary position during hospitalisation with imaging procedures. The secondary safety endpoints were the individual components of the primary endpoint.

STATISTICAL ANALYSIS

The propensity score (PS) was estimated in each emulated cohort to minimise the systematic differences in the baseline characteristics between the two groups. All covariates from claims data were included in the logistic regression model to estimate the probability of receiving treatment, conditional to their covariates. To minimise this bias, we implemented a 1:1

PS nearest-neighbour matching with a calliper width of 0.1 on the PS scale²³. Differences in baseline covariates between the two groups were evaluated using an absolute standardised difference, with a value of >0.1 indicating a significant difference²³. In addition, a sensitivity analysis was conducted using inverse probability treatment weighting with the PS.

The intention-to-treat approach was implemented, investigating the efficacy of the randomised assigned treatment, regardless of treatment adherence. To mimic this approach, patients were assigned to the “with PPI” or “without PPI” group, based on whether they were prescribed a PPI as their discharge medication, and matched for baseline covariates. Patients were followed up from the index date until outcome occurrence, death, the end of the study period (31 December 2021) or a prespecified time interval (1 year after PCI). Within the matched cohort, 1-year cumulative incidences of each endpoint were estimated using the Kaplan-Meier method, and log-rank tests were used to evaluate differences between groups. We calculated hazard ratios (HRs) with 95% confidence intervals (CIs) for the incidence of adverse events using the Cox regression model. We used robust standard errors to calculate the CI, given the matching data. We examined the proportional hazards assumption using plots of the log-log survival function and Schoenfeld residuals. Furthermore, we conducted subgroup analyses by age, sex, diabetes mellitus, type of P2Y₁₂ inhibitor, history of GI ulcer and the presence of HBR²⁰. Considering the low compliance of PPI in real-world data, a per-protocol analysis was also performed, which included only those patients who did not change group during the 1-year observation period.

All analyses were conducted using the SAS Enterprise Guide (version 7.1 [SAS Institute]) and R 4.1.2 (R Foundation for Statistical Computing). A 2-tailed p-value of <0.05 was considered statistically significant.

Results

BASELINE CHARACTERISTICS

Among 118,420 eligible participants, 30% (N=35,566) received a PPI along with DAPT as discharge medication. The mean age of the total population was 61.2 years, and 83.2% of patients were male. In a comparison of the entire cohort before emulating the COGENT-1 trial, eligible participants were more likely to be younger, to have a lower risk of bleeding, and to have received fewer prescribed discharge medications (**Supplementary Table 2**). Compared to AMI patients undergoing PCI on DAPT without PPI, those with PPIs were older, less likely to be male, and more likely to have a history of GI ulcer and ARC-HBR (**Supplementary Table 3**). After PS matching, 35,560 patients were assigned to the groups with and without PPI (**Figure 1**). There was no evidence of inequality in baseline characteristics, comorbidities, or medication history between the “with PPI” and “without PPI” groups (all standardised mean differences were <0.1) (**Table 1**). Compliance of PPIs, aspirin, and P2Y₁₂ inhibitors at 1 year were 55.2%, 52.6%, and 50.0%, respectively.

EFFICACY ENDPOINTS

At 1 year, the group with PPIs had a significantly lower incidence of major GI bleeding requiring transfusion compared to the group without PPIs (0.7% vs 0.4%, HR 0.59, 95%

CI: 0.48-0.73) (**Table 2, Figure 2A**). In the patients who were prescribed aspirin with clopidogrel (HR 0.62, 95% CI: 0.45-0.86) (**Figure 2B**) and in those prescribed aspirin with prasugrel or ticagrelor (HR 0.58, 95% CI: 0.44-0.76) (**Figure 2C**), PPI use was significantly associated with a lower risk of major GI bleeding requiring transfusion (**Table 2**). In subgroup analysis, the efficacy of PPIs was consistently observed in all subgroups, including the type of P2Y₁₂ inhibitor (p for interaction=0.75), presence of HBR (p for interaction=0.49), and history of GI ulcer (p for interaction=0.21) (**Supplementary Figure 1A**). Furthermore, the beneficial effects of PPIs for GI bleeding were consistent across all types of PPIs (**Table 3**). Among patients with high adherence to PPI therapy, the use of PPIs was associated with a much lower risk of major GI bleeding requiring transfusion compared to the group without PPI use (HR 0.20, 95% CI: 0.16-0.27). The incidence rate of major or minor GI bleeding with hospitalisation was also lower in the PPI group than in the group who did not receive PPIs (**Table 2**). The results were also consistent using inverse probability treatment weighting (**Supplementary Table 4**).

SAFETY ENDPOINTS

At the 1-year follow-up, MACCE occurred in 4,714 patients in the group who did not receive PPIs and in 4,619 patients in the PPI group, with corresponding incidence rates of 13.4% and 13.1%, respectively (HR 0.98, 95% CI: 0.94-1.02) (**Table 2, Figure 3A**). There was no difference in the risk of MACCE between the two groups for patients prescribed aspirin with clopidogrel (HR 0.98, 95% CI: 0.92-1.04) (**Figure 3B**) and those prescribed aspirin with prasugrel or ticagrelor (HR 0.99, 95% CI: 0.93-1.04) (**Figure 3C**). In subgroup analysis, the PPI group showed no significant difference in the risk of MACCE compared to the group without PPIs. This was consistent across all subgroups, including the P2Y₁₂ inhibitor type (p for interaction=0.83) (**Supplementary Figure 1B**). Furthermore, no harmful effects were observed across all types of PPIs (**Table 3**). For the secondary endpoints, there were no significant differences in the incidence rates of cardiovascular death, spontaneous MI, repeat revascularisation, or ischaemic stroke between the patients who received PPIs and those who did not, regardless of the type of P2Y₁₂ inhibitor (**Table 2**).

Discussion

This emulation of a randomised trial using a nationwide cohort investigated the effects of PPI co-prescription on major GI bleeding and cardiovascular outcomes in AMI patients using DAPT after PCI, stratified by the type of P2Y₁₂ inhibitor (**Central illustration**). The main findings were as follows. First, even after exclusion of the high GI bleeding risk population, in whom there is a mandatory need for short-term or long-term use of a PPI, the concomitant use of PPIs with DAPT was associated with a significantly lower risk of major GI bleeding events for 1 year in patients with AMI undergoing PCI. The beneficial effects of PPIs on major GI bleeding were observed consistently, irrespective of the type of P2Y₁₂ inhibitor or PPI. Second, co-prescription of any PPI type did not increase the risk for cardiovascular ischaemic events in either the population with aspirin plus clopidogrel or the population with aspirin plus prasugrel or ticagrelor. Third, the results of reducing GI bleeding without increasing

Table 1. Baseline characteristics of matched population.

	Overall (N=71,120)	Without PPI (N=35,560)	With PPI (N=35,560)	SMD
Age, years	61.68±9.90	61.62±9.87	61.75±9.94	0.013
Sex, male	58,191 (81.8)	29,237 (82.2)	28,954 (81.4)	0.021
Medical aid	2,435 (3.4)	1,148 (3.2)	1,287 (3.6)	0.021
BMI, kg/m ² #	24.98±3.03	25.00±3.02	24.96±3.04	0.028
Residential area, metropolitan	43,020 (60.5)	21,516 (60.5)	21,504 (60.5)	0.001
Prior comorbidity				
Myocardial infarction	3,236 (4.6)	1,496 (4.2)	1,740 (4.9)	0.033
Chronic heart failure	3,931 (5.5)	1,840 (5.2)	2,091 (5.9)	0.031
Diabetes mellitus	20,337 (28.6)	10,011 (28.2)	10,326 (29.0)	0.020
Hypertension	22,589 (31.8)	11,041 (31.0)	11,548 (32.5)	0.031
Hyperlipidaemia	28,313 (39.8)	13,975 (39.3)	14,338 (40.3)	0.020
GI ulcer	14,465 (20.3)	7,079 (19.9)	7,386 (20.8)	0.021
Anaemia	1,749 (2.5)	816 (2.3)	933 (2.6)	0.021
Liver cirrhosis	77 (0.1)	34 (0.1)	43 (0.1)	0.008
CKD with dialysis	326 (0.5)	152 (0.4)	174 (0.5)	0.009
Stroke	2,274 (3.2)	1,072 (3.0)	1,202 (3.4)	0.021
Intracranial haemorrhage	212 (0.3)	101 (0.3)	111 (0.3)	0.005
Use of steroids	162 (0.2)	82 (0.2)	80 (0.2)	0.001
Use of NSAIDs	111 (0.2)	53 (0.1)	58 (0.2)	0.004
ARC-HBR	16,539 (23.3)	7,998 (22.5)	8,541 (24.0)	0.036
Heavy alcohol drinker*	577 (1.5)	293 (1.5)	284 (1.5)	<0.001
Current smoker [‡]	21,582 (42.9)	10,711 (42.9)	10,871 (42.9)	<0.001
Admission from emergency room	56,892 (80.0)	28,612 (80.5)	28,280 (79.5)	0.023
Medications at discharge				
Aspirin	71,120 (100)	35,560 (100)	35,560 (100)	<0.001
Clopidogrel	33,392 (47.0)	16,617 (46.7)	16,775 (47.2)	0.009
Prasugrel	5,935 (8.3)	3,104 (8.7)	2,831 (8.0)	0.028
Ticagrelor	31,793 (44.7)	15,839 (44.6)	15,954 (44.8)	0.007
Beta blocker	55,755 (78.4)	27,984 (78.7)	27,771 (78.1)	0.015
ACEi	27,730 (39.0)	13,972 (39.3)	13,758 (38.7)	0.012
ARB	23,302 (32.8)	11,553 (32.5)	11,749 (33.0)	0.012
Statins	68,976 (97.0)	34,564 (97.2)	34,412 (96.8)	0.025

Values are presented as n (%) or mean±SD. #For N=50,239; *for N=38,897; ‡for N=50,255. ACEi: angiotensin-converting enzyme inhibitor; ARB: angiotensin II receptor blocker; ARC: Academic Research Consortium; BMI: body mass index; CKD: chronic kidney disease; GI: gastrointestinal; HBR: high bleeding risk; IQR: interquartile range; NSAID: non-steroidal anti-inflammatory drug; PPI: proton pump inhibitor; SD: standard deviation; SMD: standardised mean difference

cardiovascular events in patients who were prescribed a PPI during DAPT maintenance were consistent in both the populations with and without HBR.

As awareness and understanding of the prognostic importance of bleeding has grown, the design of drug-eluting stents and advances in other medical treatments have improved. For instance, antiplatelet strategies after PCI for AMI patients, such as high-intensity statins, are becoming less intensive in order to minimise the risk of bleeding²⁴. Another strategy used to reduce GI bleeding, which is the most common serious complication of antithrombotic therapy, is the concomitant administration of PPIs. However, in real-world practice, the prescription rates of PPI prophylaxis are still low even in patients with

DAPT maintenance who are at a higher risk of GI bleeding²⁵. This could be attributed to the recommendation discrepancy between the ESC and American College of Cardiology/American Heart Association (ACC/AHA) guidelines^{7,26}. In the ESC guideline, routine use of PPIs for all patients on DAPT is recommended as a Class I indication. However, the ACC/AHA guideline stipulates that only patients at high risk of bleeding should receive PPIs, and routine PPI use is discouraged (Class III) in patients treated with DAPT²⁶. This discrepancy might be caused by a difference in the interpretation of previous conflicting results from the randomised trial and registry data involving the potential interaction between PPIs and clopidogrel. The COGENT-1 trial, which is a randomised

Table 2. Comparison of 1-year efficacy and safety endpoints according to the use of PPIs.

	Without PPI No. of events	With PPI (1-year cumulative %)	Without (ref) vs with PPI HR (95% CI)
Overall			
Efficacy endpoints			
Major GI bleeding requiring transfusion	236 (0.7)	140 (0.4)	0.59 (0.48-0.73) [§]
Major or minor GI bleeding with hospitalisation	336 (1.0)	236 (0.7)	0.70 (0.60-0.83) [§]
Safety endpoints			
MACCE*	4,714 (13.4)	4,619 (13.1)	0.98 (0.94-1.02)
Cardiovascular death	268 (0.8)	295 (0.8)	1.10 (0.93-1.30)
Spontaneous myocardial infarction	2,319 (6.6)	2,345 (6.7)	1.01 (0.96-1.07)
Ischaemic stroke	345 (1.0)	385 (1.1)	1.12 (0.97-1.29)
Repeat revascularisation	2,743 (7.8)	2,600 (7.4)	0.95 (0.90-1.00)
Clopidogrel user			
Efficacy endpoints			
Major GI bleeding requiring transfusion	92 (0.6)	57 (0.4)	0.62 (0.45-0.86) [§]
Major or minor GI bleeding with hospitalisation	128 (0.8)	102 (0.6)	0.79 (0.61-1.02)
Safety endpoints			
MACCE*	2,332 (14.2)	2,298 (13.8)	0.98 (0.92-1.04)
Cardiovascular death	178 (1.1)	174 (1.1)	0.97 (0.79-1.19)
Spontaneous myocardial infarction	1,093 (6.7)	1,117 (6.7)	1.01 (0.93-1.10)
Ischaemic stroke	195 (1.2)	232 (1.4)	1.18 (0.98-1.43)
Repeat revascularisation	1,330 (8.1)	1,303 (7.9)	0.97 (0.90-1.05)
Prasugrel or ticagrelor user			
Efficacy endpoints			
Major GI bleeding requiring transfusion	145 (0.8)	83 (0.5)	0.58 (0.44-0.76) [§]
Major or minor GI bleeding with hospitalisation	208 (1.1)	134 (0.7)	0.65 (0.52-0.81) [§]
Safety endpoints			
MACCE*	2,382 (12.7)	2,321 (12.5)	0.99 (0.93-1.04)
Cardiovascular death	90 (0.5)	121 (0.7)	1.36 (1.03-1.78)
Spontaneous myocardial infarction	1,226 (6.6)	1,228 (6.7)	1.01 (0.94-1.10)
Ischaemic stroke	150 (0.8)	153 (0.8)	1.03 (0.82-1.29)
Repeat revascularisation	1,413 (7.6)	1,297 (7.0)	0.93 (0.86-1.00)

*MACCE was defined as a composite of cardiovascular death, spontaneous myocardial infarction, ischaemic stroke and repeat revascularisation. [§]indicates statistical significance. CI: confidence interval; HR: hazard ratio; MACCE: major adverse cardiac and cerebrovascular events; PPI: proton pump inhibitor

trial for evaluating the effects of PPIs among patients receiving aspirin and clopidogrel, demonstrated that the prophylactic use of omeprazole reduced the rate of upper GI bleeding without an increased risk of cardiovascular events¹³. Similarly, a Danish nationwide registry showed that the use of PPIs was associated with a lower risk of upper GI bleeding events in AMI patients taking DAPT²⁵. However, that study did not present an analysis of ischaemic events to identify PPI-clopidogrel interactions, even though clopidogrel was used in the majority of the cohort.

Therefore, this study was conducted to confirm the effects of PPIs on GI bleeding by controlling baseline differences through PS matching within populations that mimic trials (predominantly low bleeding risk populations). We used patient-level claims data from the Republic of Korea to emulate the randomised trial. One of the major strengths of this study was that we focused on clinically meaningful events, i.e., major GI bleeding events requiring transfusion

with admission, in a large sample size. In this study, we found that major GI bleeding events were reduced significantly when a PPI was administered concurrently with DAPT in both AMI populations treated with aspirin plus clopidogrel and those with aspirin plus potent P2Y₁₂ inhibitors (prasugrel or ticagrelor). Notably, we first demonstrated the GI-protective effects of PPIs in patients with AMI on potent P2Y₁₂ inhibitor-based DAPT maintenance, which is the most popular strategy for AMI patients in contemporary practice. Furthermore, we also found that the beneficial effects of PPIs on major GI bleeding were observed consistently, irrespective of the various types of PPI. Considering that the co-prescription of a PPI with DAPT showed benefits in terms of major GI bleeding events, regardless of the presence of HBR or GI ulcer history, our findings support the ESC guideline of recommending the routine use of a PPI in patients on DAPT.

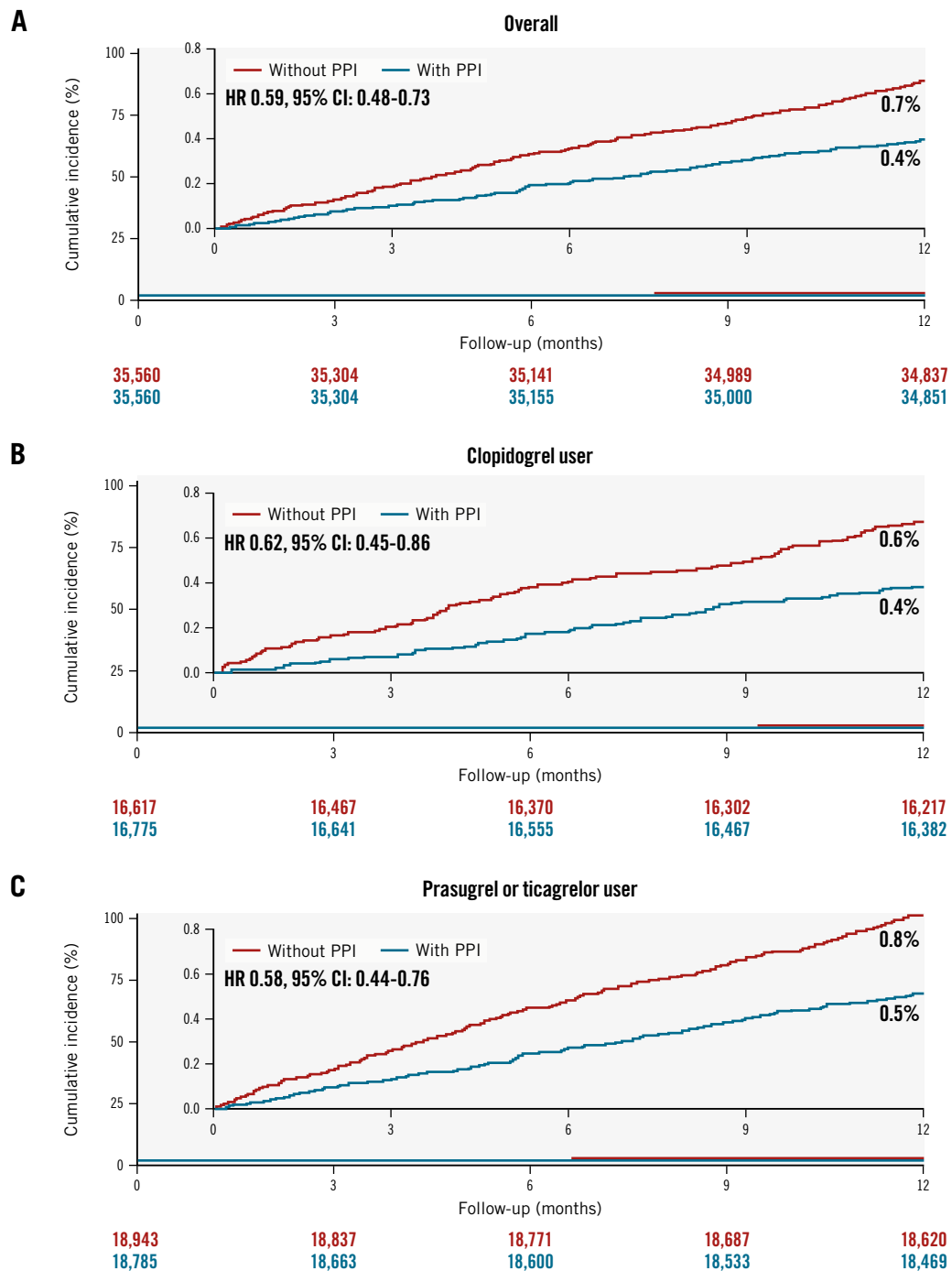


Figure 2. Cumulative incidence of major GI bleeding requiring transfusion up to 1-year follow-up. Kaplan-Meier curves are shown to compare major GI bleeding requiring transfusion according to the use of PPIs in patients overall (A), in clopidogrel users (B), and in potent P2Y₁₂ inhibitor users (C) with AMI undergoing PCI on DAPT. AMI: acute myocardial infarction; CI: confidence interval; DAPT: dual antiplatelet therapy; GI: gastrointestinal; HR: hazard ratio; PCI: percutaneous coronary intervention; PPI: proton pump inhibitor

Pharmacodynamic investigations have observed a reduction in the antiplatelet efficacy of clopidogrel when co-administered with PPIs, attributed to the competitive inhibition of CYP2C19, which plays a major role in activating clopidogrel²⁷. Several observational studies and meta-analyses have demonstrated

a relationship between PPIs and adverse cardiovascular outcomes in patients with coronary artery disease undergoing PCI²⁸. In this regard, both the European Medicines Agency and the U.S. Food and Drug Administration released statements warning of a potential interaction between PPIs and clopidogrel

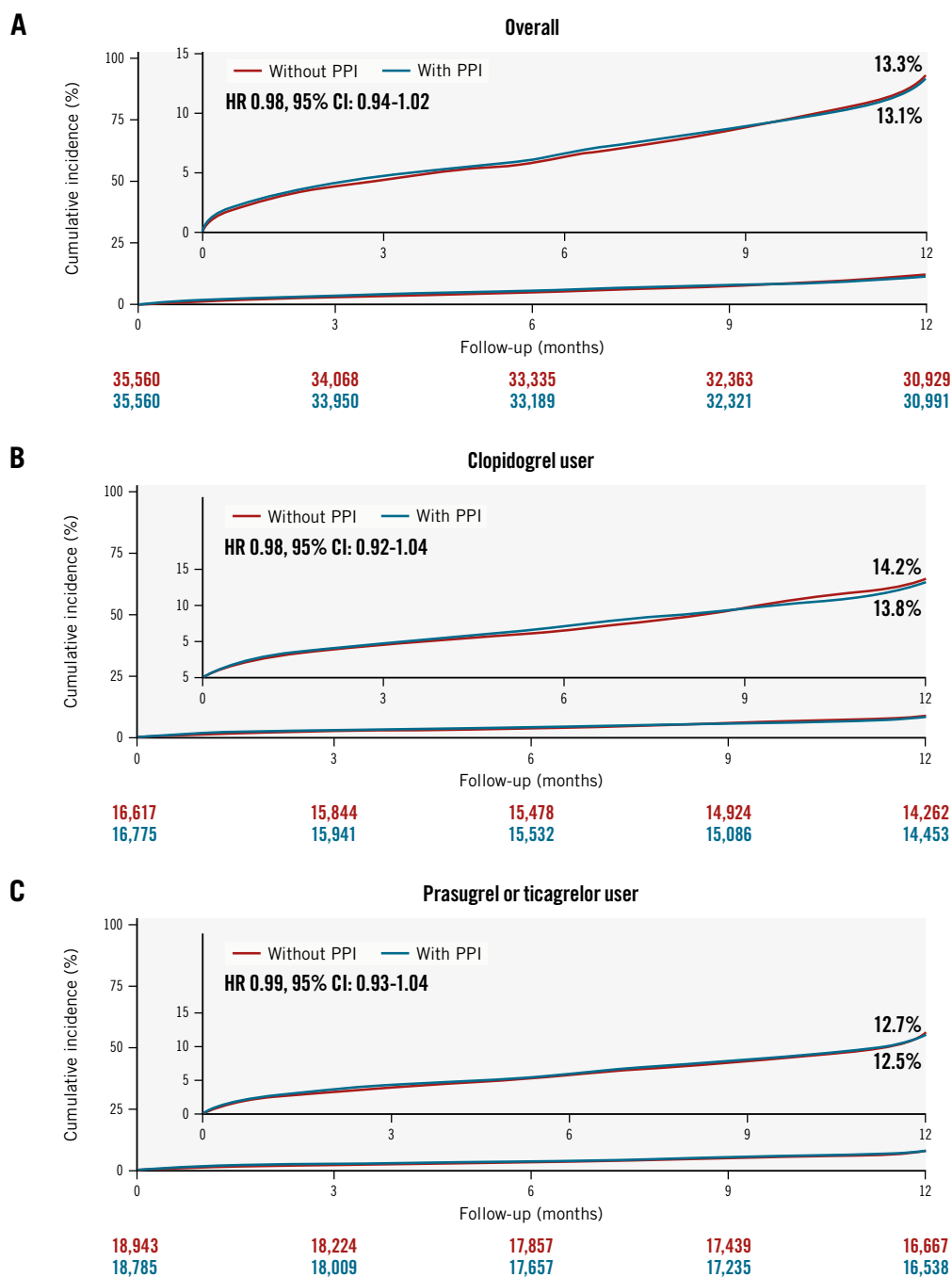


Figure 3. Cumulative incidence of major adverse cardiac and cerebrovascular events up to 1-year follow-up. Kaplan-Meier curves are shown to compare major adverse cardiac and cerebrovascular events (a composite of cardiovascular death, spontaneous MI, repeat revascularisation, and ischaemic stroke) according to the use of PPIs in patients overall (A), in clopidogrel users (B), and in potent P2Y₁₂ inhibitor users (C) with AMI undergoing PCI on DAPT. AMI: acute myocardial infarction; CI: confidence interval; DAPT: dual antiplatelet therapy; GI: gastrointestinal; HR: hazard ratio; PCI: percutaneous coronary intervention; PPI: proton pump inhibitor

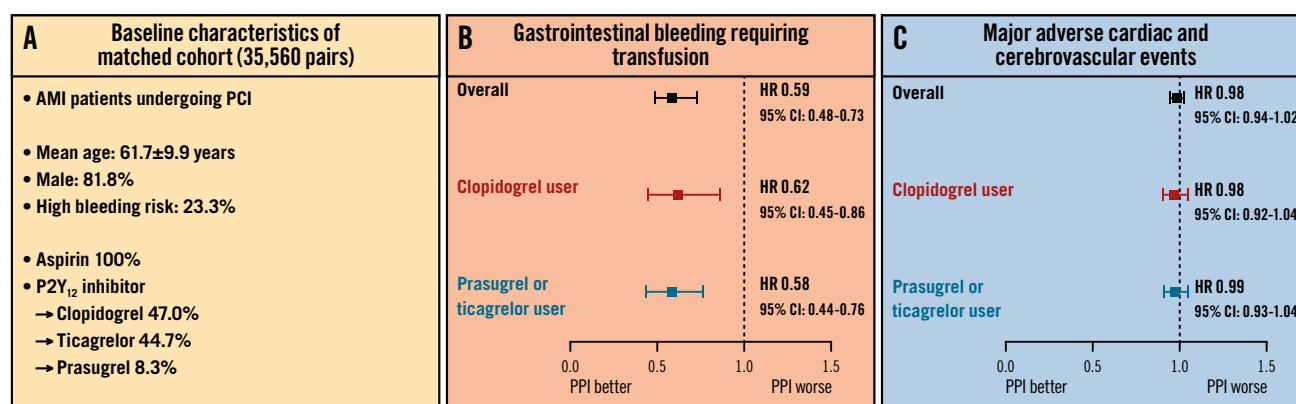
and discouraging their combined use in the absence of a strong indication. However, the COGENT-1 trial reported that there was no significant increase in the risk of cardiovascular events with the concomitant use of clopidogrel and omeprazole¹³. Based on this result, the current guidelines recommend the use of PPIs, even in clopidogrel users, without warning, if indicated.

However, the COGENT-1 trial was stopped before enrolling the planned 5,000 patients due to financial issues (actual enrolment of 3,873 patients), and the relatively short follow-up period (6 months) may have resulted in an insufficient sample size to identify the differences in ischaemic events according to the use of PPIs. In the current study, using an emulated

Table 3. Comparison of 1-year efficacy and safety endpoints according to the type of PPI.

	Without PPI (N=35,560)	Dexlansoprazole (N=4,740)	Esomeprazole (N=8,516)	Lansoprazole (N=11,268)	Omeprazole (N=450)	Pantoprazole (N=4,382)	Rabeprazole (N=6,204)
Hazard ratio (95% confidence interval)							
Overall							
Primary efficacy endpoint (major GI bleeding requiring transfusion)	Reference	0.29 (0.15-0.56)	0.62 (0.44-0.88)	0.55 (0.39-0.76)	0.34 (0.05-2.38)	0.72 (0.46-1.13)	0.80 (0.56-1.15)
Primary safety endpoint (MACCE*)	Reference	0.86 (0.78-0.94)	1.05 (0.98-1.11)	0.93 (0.87-0.98)	0.90 (0.68-1.18)	0.96 (0.88-1.05)	1.11 (1.04-1.20)
Clopidogrel user							
Primary efficacy endpoint (major GI bleeding requiring transfusion)	Reference	0.31 (0.15-0.63)	0.53 (0.33-0.85)	0.61 (0.40-0.92)	NA	0.62 (0.28-1.41)	0.86 (0.55-1.33)
Primary safety endpoint (MACCE*)	Reference	0.87 (0.78-0.97)	1.06 (0.97-1.15)	0.96 (0.88-1.05)	1.16 (0.76-1.78)	0.94 (0.79-1.11)	1.05 (0.95-1.16)
Prasugrel or ticagrelor user							
Primary efficacy endpoint (major GI bleeding requiring transfusion)	Reference	0.13 (0.02-0.95)	0.76 (0.44-1.32)	0.48 (0.28-0.83)	0.62 (0.09-4.42)	0.88 (0.51-1.51)	0.68 (0.35-1.30)
Primary safety endpoint (MACCE*)	Reference	0.90 (0.77-1.05)	1.04 (0.95-1.15)	0.88 (0.81-0.96)	0.74 (0.52-1.07)	0.93 (0.84-1.04)	1.21 (1.09-1.33)

*MACCE was defined as a composite of cardiovascular death, spontaneous myocardial infarction, ischaemic stroke, or repeat revascularisation.
GI: gastrointestinal; MACCE: major adverse cardiac and cerebrovascular events; NA: not applicable; PPI: proton pump inhibitor

Benefits of concomitant PPI use and DAPT in AMI patients undergoing PCI.

Danbee Kang *et al.* • EuroIntervention 2025;21:e229-e239 • DOI: 10.4244/xxxx

The current study evaluated the association between the co-prescription of PPIs and DAPT with the occurrence of GI bleeding and ischaemic events in patients with AMI undergoing PCI. Using a large-scale PS-matching algorithm according to the co-prescription of PPIs from a nationwide South Korean claims database, 35,560 pairs of AMI patients undergoing PCI on DAPT were generated (A). The co-prescription of PPIs and DAPT showed beneficial effects with regard to reducing major GI bleeding (B) without an increased risk of cardiovascular events (C), regardless of the P2Y₁₂ inhibitor type. These findings promote routine PPI use in AMI patients on DAPT treated with PCI. AMI: acute myocardial infarction; CI: confidence interval; DAPT: dual antiplatelet therapy; GI: gastrointestinal; HR: hazard ratio; PCI: percutaneous coronary intervention; PPI: proton pump inhibitor; PS: propensity score

randomised trial from a large real-world dataset (35,560 pairs of PS matching), we found that the concomitant use of PPIs did not increase ischaemic events in patients with AMI undergoing PCI on either potent P2Y₁₂ inhibitor- or clopidogrel-based DAPT. Although a previous study showed that the clopidogrel-PPI interaction is known to be drug specific and not a class-specific effect depending on the degree of interference with CYP2C19 activity²⁹, the current study found that there was no significant difference in terms of cardiovascular risk according to any type of PPI co-prescription in clopidogrel users. One of the major strengths of the current study is that it found an effect on ischaemic events when different types of PPIs were used in combination with DAPT after PCI. Considering that the current study population is exclusively East Asian, with a higher proportion of clopidogrel resistance than Western populations³⁰, our results suggest that any type of PPI could be used safely in patients with AMI, even those receiving clopidogrel-based DAPT, irrespective of ethnicity.

Limitations

Some limitations of this study should be acknowledged. First, explicit target trial emulation alone cannot eliminate the bias that arises from lack of randomisation, even if the observational analysis correctly emulates all other components of the target trial. The relatively high rate of MACCE in the current study might be influenced by the selection of a high-risk population after the PS matching process and the exclusive enrolment of patients with AMI. Second, detailed information for platelet function tests, genotype, dosage of aspirin, angiographic findings, and PCI procedures were not available because of the nature of the claims dataset. Third, certain risk factors for GI bleeding, such as *Helicobacter pylori* infection, were unavailable. Fourth, the number of patients with HBR was relatively small after excluding those requiring the inevitable use of PPIs. Fifth, compliance with the use of PPIs was not optimal, which could have influenced the results. Sixth, although this study showed a statistically significant reduction in major GI bleeding risk with PPI use in patients on DAPT, the absolute risk reduction is relatively small, and it resulted in a high number needed to treat. However, given that PPIs are relatively inexpensive and pose no ischaemic risk trade-off, this result may not diminish the significance of these findings.

Conclusions

Even among patients with a predominantly low GI bleeding risk who required DAPT following PCI for AMI, co-prescription of PPIs showed a significantly lower risk of major GI bleeding requiring transfusion during 1 year. The beneficial effects of PPIs on GI bleeding were observed consistently, regardless of P2Y₁₂ inhibitor type, PPI type, or individual bleeding risk. Furthermore, PPI use was not associated with an increased risk of cardiovascular events in patients treated with either clopidogrel or potent P2Y₁₂ inhibitors.

Authors' affiliations

1. Center for Clinical Epidemiology, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, Republic of Korea; 2. Department of Clinical Research Design and Evaluation, SAIHST, Sungkyunkwan University, Seoul, Republic of Korea; 3. Division of Cardiology, Department of

Internal Medicine, Heart Vascular Stroke Institute, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, Republic of Korea

Acknowledgements

A reproducible research statement and details on author contributions and ethical approval can be found in **Supplementary Appendix 2**.

Conflict of interest statement

The authors have no conflicts of interest relevant to the submitted work to declare.

References

1. Lawton JS, Tamis-Holland JE, Bangalore S, Bates ER, Beckie TM, Bischoff JM, Bittl JA, Cohen MG, DiMaio JM, Don CW, Fremes SE, Gaudino MF, Goldberger ZD, Grant MC, Jaswal JB, Kurlansky PA, Mehran R, Metkus TS Jr, Nnacha LC, Rao SV, Sellke FW, Sharma G, Yong CM, Zwischenberger BA. 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization: Executive Summary: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*. 2022;145:e4-17.
2. Byrne RA, Rossello X, Coughlan JJ, Barbato E, Berry C, Chieffo A, Claeys MJ, Dan GA, Dweck MR, Galbraith M, Gilard M, Hinterbuchner L, Jankowska EA, Jüni P, Kimura T, Kunadian V, Leosdottir M, Lorusso R, Pedretti RFE, Rigopoulos AG, Rubini Gimenez M, Thiele H, Vranckx P, Wassmann S, Wenger NK, Ibanez B; ESC Scientific Document Group. 2023 ESC Guidelines for the management of acute coronary syndromes. *Eur Heart J*. 2023;44:3720-826.
3. Yusuf S, Zhao F, Mehta SR, Chrolavicius S, Tognoni G, Fox KK; Clopidogrel in Unstable Angina to Prevent Recurrent Events Trial Investigators. Effects of clopidogrel in addition to aspirin in patients with acute coronary syndromes without ST-segment elevation. *N Engl J Med*. 2001;345:494-502.
4. Wallentin L, Becker RC, Budaj A, Cannon CP, Emanuelsson H, Held C, Horrow J, Husted S, James S, Katus H, Mahaffey KW, Scirica BM, Skene A, Steg PG, Storey RF, Harrington RA; PLATO Investigators; Freij A, Thorsén M. Ticagrelor versus clopidogrel in patients with acute coronary syndromes. *N Engl J Med*. 2009;361:1045w-57.
5. Wiviott SD, Braunwald E, McCabe CH, Montalescot G, Ruzyllo W, Gottlieb S, Neumann FJ, Ardissino D, De Servi S, Murphy SA, Riesmeyer J, Weerakkody G, Gibson CM, Antman EM; TRITON-TIMI 38 Investigators. Prasugrel versus clopidogrel in patients with acute coronary syndromes. *N Engl J Med*. 2007;357:2001-15.
6. You SC, Rho Y, Bickdeli B, Kim J, Siapos A, Weaver J, Londhe A, Cho J, Park J, Schuemie M, Suchard MA, Madigan D, Hripsak G, Gupta A, Reich CG, Ryan PB, Park RW, Krumholz HM. Association of Ticagrelor vs Clopidogrel With Net Adverse Clinical Events in Patients With Acute Coronary Syndrome Undergoing Percutaneous Coronary Intervention. *JAMA*. 2020;324:1640-50.
7. Valgimigli M, Bueno H, Byrne RA, Collet JP, Costa F, Jeppsson A, Jüni P, Kastrati A, Kolh P, Mauri L, Montalescot G, Neumann FJ, Petricevic M, Roffi M, Steg PG, Windecker S, Zamorano JL, Levine GN; ESC Scientific Document Group; ESC Committee for Practice Guidelines (CPG); ESC National Cardiac Societies. 2017 ESC focused update on dual antiplatelet therapy in coronary artery disease developed in collaboration with EACTS: The Task Force for dual antiplatelet therapy in coronary artery disease of the European Society of Cardiology (ESC) and of the European Association for Cardio-Thoracic Surgery (EACTS). *Eur Heart J*. 2018;39:213-60.
8. Moukarbel GV, Signorovitch JE, Pfeffer MA, McMurray JJ, White HD, Maggioni AP, Velazquez EJ, Califf RM, Scheiman JM, Solomon SD. Gastrointestinal bleeding in high risk survivors of myocardial infarction: the VALIANT Trial. *Eur Heart J*. 2009;30:2226-32.
9. Mega JL, Close SL, Wiviott SD, Shen L, Hockett RD, Brandt JT, Walker JR, Antman EM, Macias W, Braunwald E, Sabatine MS. Cytochrome p-450 polymorphisms and response to clopidogrel. *N Engl J Med*. 2009;360:354-62.

10. Gilard M, Arnaud B, Cornily JC, Le Gal G, Lacut K, Le Calvez G, Mansourati J, Mottier D, Abgrall JF, Bosch J. Influence of omeprazole on the antiplatelet action of clopidogrel associated with aspirin: the randomized, double-blind OCLA (Omeprazole Clopidogrel Aspirin) study. *J Am Coll Cardiol*. 2008;51:256-60.
11. Ho PM, Maddox TM, Wang L, Fihn SD, Jesse RL, Peterson ED, Rumsfeld JS. Risk of adverse outcomes associated with concomitant use of clopidogrel and proton pump inhibitors following acute coronary syndrome. *JAMA*. 2009;301:937-44.
12. Shuldiner AR, O'Connell JR, Bliden KP, Gandhi A, Ryan K, Horenstein RB, Damcott CM, Pakyz R, Tantry US, Gibson Q, Pollin TI, Post W, Parsa A, Mitchell BD, Faraday N, Herzog W, Gurbel PA. Association of cytochrome P450 2C19 genotype with the antiplatelet effect and clinical efficacy of clopidogrel therapy. *JAMA*. 2009;302:849-57.
13. Bhatt DL, Cryer BL, Contant CF, Cohen M, Lanos A, Schnitzer TJ, Shook TL, Lapuerta P, Goldsmith MA, Laine L, Scirica BM, Murphy SA, Cannon CP; COGENT Investigators. Clopidogrel with or without omeprazole in coronary artery disease. *N Engl J Med*. 2010;363:1909-17.
14. O'Donoghue ML, Braunwald E, Antman EM, Murphy SA, Bates ER, Rozenman Y, Michelson AD, Hautvast RW, Ver Lee PN, Close SL, Shen L, Mega JL, Sabatine MS, Wiviott SD. Pharmacodynamic effect and clinical efficacy of clopidogrel and prasugrel with or without a proton-pump inhibitor: an analysis of two randomised trials. *Lancet*. 2009;374:989-97.
15. Goodman SG, Clare R, Pieper KS, Nicolau JC, Storey RF, Cantor WJ, Mahaffey KW, Angiolillo DJ, Husted S, Cannon CP, James SK, Kilham J, Steg PG, Harrington RA, Wallentin L; Platelet Inhibition and Patient Outcomes Trial Investigators. Association of proton pump inhibitor use on cardiovascular outcomes with clopidogrel and ticagrelor: insights from the platelet inhibition and patient outcomes trial. *Circulation*. 2012;125:978-86.
16. Hernán MA, Wang W, Leaf DE. Target Trial Emulation: A Framework for Causal Inference From Observational Data. *JAMA*. 2022;328:2446-7.
17. Kim D, Yang PS, You SC, Sung JH, Jang E, Yu HT, Kim TH, Pak HN, Lee MH, Lip GYH, Joung B. Treatment timing and the effects of rhythm control strategy in patients with atrial fibrillation: nationwide cohort study. *BMJ*. 2021;373:n991.
18. Lee J, Lee JS, Park SH, Shin SA, Kim K. Cohort Profile: The National Health Insurance Service-National Sample Cohort (NHIS-NSC), South Korea. *Int J Epidemiol*. 2017;46:e15.
19. Shin DW, Cho B, Guallar E. Korean National Health Insurance Database. *JAMA Intern Med*. 2016;176:138.
20. Urban P, Mehran R, Collieran R, Angiolillo DJ, Byrne RA, Capodanno D, Cuisset T, Cutlip D, Eerdmans P, Eikelboom J, Farb A, Gibson CM, Gregson J, Haude M, James SK, Kim HS, Kimura T, Konishi A, Laschinger J, Leon MB, Magee PFA, Mitsutake Y, Mylotte D, Pocock S, Price MJ, Rao SV, Spitzer E, Stockbridge N, Valgimigli M, Varenne O, Windhoevel U, Yeh RW, Krucoff MW, Morice MC. Defining High Bleeding Risk in Patients Undergoing Percutaneous Coronary Intervention. *Circulation*. 2019;140:240-61.
21. Park J, Kwon S, Choi EK, Choi YJ, Lee E, Choe W, Lee SR, Cha MJ, Lim WH, Oh S. Validation of diagnostic codes of major clinical outcomes in a National Health Insurance database. *Int J Arrhythmia*. 2019;20:5.
22. Kimm H, Yun JE, Lee SH, Jang Y, Jee SH. Validity of the diagnosis of acute myocardial infarction in Korean national medical health insurance claims data: the Korean heart study (1). *Korean Circ J*. 2012;42:10-5.
23. Austin PC. Optimal caliper widths for propensity-score matching when estimating differences in means and differences in proportions in observational studies. *Pharm Stat*. 2011;10:150-61.
24. Gorog DA, Ferreira JL, Ahrens I, Ako J, Geisler T, Halvorsen S, Huber K, Jeong YH, Navarese EP, Rubboli A, Sibbing D, Siller-Matula JM, Storey RF, Tan JWC, Ten Berg JM, Valgimigli M, Vandenbriele C, Lip GYH. De-escalation or abbreviation of dual antiplatelet therapy in acute coronary syndromes and percutaneous coronary intervention: a Consensus Statement from an international expert panel on coronary thrombosis. *Nat Rev Cardiol*. 2023;20:830-44.
25. Sehested TSG, Carlson N, Hansen PW, Gerds TA, Charlott MG, Torp-Pedersen C, Køber L, Gislason GH, Hlatky MA, Fosbøl EL. Reduced risk of gastrointestinal bleeding associated with proton pump inhibitor therapy in patients treated with dual antiplatelet therapy after myocardial infarction. *Eur Heart J*. 2019;40:1963-70.
26. Levine GN, Bates ER, Bittl JA, Brindis RG, Fihn SD, Fleisher LA, Granger CB, Lange RA, Mack MJ, Mauri L, Mehran R, Mukherjee D, Newby LK, O'Gara PT, Sabatine MS, Smith PK, Smith SC Jr. 2016 ACC/AHA Guideline Focused Update on Duration of Dual Antiplatelet Therapy in Patients With Coronary Artery Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines: An Update of the 2011 ACCF/AHA/SCAI Guideline for Percutaneous Coronary Intervention, 2011 ACCF/AHA Guideline for Coronary Artery Bypass Graft Surgery, 2012 ACC/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease, 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction, 2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes, and 2014 ACC/AHA Guideline on Perioperative Cardiovascular Evaluation and Management of Patients Undergoing Noncardiac Surgery. *Circulation*. 2016;134:e123-55.
27. Li XQ, Andersson TB, Ahlström M, Weidolf L. Comparison of inhibitory effects of the proton pump-inhibiting drugs omeprazole, esomeprazole, lansoprazole, pantoprazole, and rabeprazole on human cytochrome P450 activities. *Drug Metab Dispos*. 2004;32:821-7.
28. Sherwood MW, Melloni C, Jones WS, Washam JB, Hasselblad V, Dolor RJ. Individual Proton Pump Inhibitors and Outcomes in Patients With Coronary Artery Disease on Dual Antiplatelet Therapy: A Systematic Review. *J Am Heart Assoc*. 2015;4:e002245.
29. Angiolillo DJ, Gibson CM, Cheng S, Ollier C, Nicolas O, Bergougnan L, Perrin L, LaCreta FP, Hurbin F, Dubar M. Differential effects of omeprazole and pantoprazole on the pharmacodynamics and pharmacokinetics of clopidogrel in healthy subjects: randomized, placebo-controlled, crossover comparison studies. *Clin Pharmacol Ther*. 2011;89:65-74.
30. Tamargo J, Kaski JC, Kimura T, Barton JC, Yamamoto K, Komiyama M, Drexler H, Lewis BS, Agewall S, Hasegawa K. Racial and ethnic differences in pharmacotherapy to prevent coronary artery disease and thrombotic events. *Eur Heart J Cardiovasc Pharmacother*. 2022;8:738-51.

Supplementary data

Supplementary Appendix 1. Supplementary methods: measurements.

Supplementary Appendix 2. Supplementary disclosures.

Supplementary Table 1. Definitions of covariates and clinical outcomes.

Supplementary Table 2. Baseline characteristics of the entire cohort before emulating the COGENT-1 trial.

Supplementary Table 3. Baseline characteristics of the overall population.

Supplementary Table 4. Comparison of 1-year efficacy and safety endpoints according to the use of PPIs using propensity score weighting methods.

Supplementary Figure 1. Comparison of efficacy and safety endpoints between the with or without PPI group according to various subgroups.

The supplementary data are published online at:
<https://eurointervention.pcronline.com/doi/10.4244/EIJ-D-24-00673>



Supplementary data

Supplementary Appendix 1. Supplementary methods: measurements.

Data on income at the time of the first screening exam was obtained from the insurance eligibility database. Income level was categorized by medical aid or not. Residential areas at the time of the first screening exam were classified as metropolitan or rural. Data on health-related behaviors and labs were obtained from the health screening exams database from records within 4 years before percutaneous coronary intervention. Smoking habits, frequency of drinking, and amount of alcohol were also collected by self-administered questionnaires during the health screening exams. Current alcohol intake (g/day) was calculated using frequency of drinking (times/week) and amount of alcohol on each occasion collected using self-administered questionnaires at the health screening exams. Heavy alcohol drinking was defined as alcohol intake ≥ 40 g/day in women and ≥ 60 g/day in men. Height and weight were measured, and body mass index was calculated.

Long-term use of nonsteroidal anti-inflammatory drugs and steroids was defined as a patient who was prescribed these medications for at least 90 and 30 days, respectively, between 180 days before admission and 14 days after admission. Concomitant use of beta-blockers, renin-angiotensin receptor blockers, and statins was defined when a patient was prescribed a discharge medication.

Supplementary Appendix 2. Supplementary disclosures.

- **Reproducible Research Statement:** We used the claim data provided by the Korean National Health Insurance Service (K-NHIS) database. Data can only be accessed by visiting the K-NHIS datacenter, after approval from data access committee of K-NHIS. Those who want to access data set of this study should contact corresponding authors, who will help with the process of contacting the K-NHIS.
- **Author Contributions:** Drs. Ki Hong Choi and Danbee Kang had full access to all data in the study and took responsibility for the integrity of the data and the accuracy of the data analysis.

Conceived and designed the research: Ki Hong Choi, Danbee Kang

Acquisition, analysis, or interpretation of data: Ki Hong Choi, Hyejeong Park, Jihye Heo, Danbee Kang, Eliseo Guallar

Drafting of the manuscript: Ki Hong Choi, Danbee Kang

Made critical revision of the manuscript for key intellectual content: Young Bin Song, Taek Kyu Park, Joo Myung Lee, Juhee Cho, Jeong Hoon Yang, Seung-Hyuk Choi, Hyeon-Cheol Gwon, Eliseo Guallar, Joo-Yong Hahn,

Statistical analysis: Danbee Kang, Hyejeong Park, Jihye Heo

Obtaining funding: Danbee Kang

- **Ethical Approval:** This study was approved by the institutional review board of Samsung Medical Center (IRB No. 2023-05-137).

Supplementary Table 1. Definitions of covariates and clinical outcomes.

Diagnosis	ICD-10 code	Diagnostic definition
MI	I21, I22, I23	Admission ≥ 1 or revascularization
Ischemic stroke	I63, I64, G45	Admission ≥ 1
GI bleeding	K22.6, K25.0, K25.2, K25.4, K25.6, K26.0, K26.2, K26.4, K26.6, K27.0, K27.2, K27.4, K27.6, K28.0, K28.2, K28.4, K28.6, K29.0, K62.5, K92.0, K92.1, K92.2	(Admission ≥ 1 or emergency room) and RBC transfusion ≥ 1
Any GI bleeding	K22.6, K25.0, K25.2, K25.4, K25.6, K26.0, K26.2, K26.4, K26.6, K27.0, K27.2, K27.4, K27.6, K28.0, K28.2, K28.4, K28.6, K29.0, K62.5, K92.0, K92.1, K92.2	Admission ≥ 1 or emergency room
Hypertension	I10-I13, I15	Admission ≥ 1 or outpatient department ≥ 1
Liver disease	K704, K711, K721, K729, K765, K766, K767, I850, I859, I864, I982, K700, K701, K702, K703, K709, K717, K713, K714, K715, K760, K762, K763, K764, K768, K769, Z944	Admission or outpatient department ≥ 1
Diabetes mellitus	E10-E14	Admission or outpatient department ≥ 1
CKD with dialysis	CRRT (O7051, O7052, O7053, O7054, O7055, O7031, O7032, O7033, O7034, O7035); IHD (O7020, O7021, O9991, O2011, O2012, O2081, O2082, O2083, O2013); PD (O7062, O7061, O7071, O7072, O7073, O7074, O7075, E6581', 'E6582, E6593, O2016, O2019, O7076, O7077)	Admission or outpatient department ≥ 1
Cancer	C00- C97	Admission or outpatient department ≥ 1
Anemia	D50, D58, D59, D63, D65	Admission or outpatient department ≥ 1
Medications	ATC Codes	
NSAIDs	M01AB16, M03BX, M01AB11, M01AC, M01AE14, M01AB05,	

	S01BC03, M01AX, M01AB08, M01AE04, M01AG03, S01BC04, M01AE01, D10AX, N02BE51, C01EB16, N02BA16, M01AE03, M02AA10, N02AJ14, M01AE17, M01AB15, S01BC05, M01AE, M01AG01, M01AC06, M01AX01, M01AE52, M01AE02, N02CC51, M01AX17, M01AC01, M02AA07, S01BC09, M01AB14, M01AA, N02BA06, M01AB02, M01AC02, M01AE11, M01AG02, M01AC05, M01AX22, L04AK02, M01AB01, M01AE12, M01AB09, M01AE13, M01AB, M01AH, M01AH01, M01AH07, M01AH05, M01AH07, N02BA51
Steroids	H02AB04, H02BX01, D07AC14, H02AB06, D07AA03, S01BA04, H02AB13, H02AB02, S01CA01, S01CA, S01BA01, S02CA06, R01AD03, D07CC01, H02AB01, D05AX52, H02BX, D07AC01, R01AD05, D07AC09, R03AK07, R03BA02, R03AL11, A07EA06, R03AK12, H02AB09, D11AX, S02CA03, D07AB02, D07CA, D07AA02, H02AB07, R01AD11, D07CB01, H02AB08, S01BA05, D01A, D07AB09
Aspirin	B01AC30, B01AC56, N02BA01
Clopidogrel	B01AC04, B01AC30
Prasugrel	B01AC22
Ticagrelor	C07AA05
Beta blocker	C07AA01-03, C07AA05-07, C07AA12, C07AA14-17, C07AA19, C07AA23, C07AA27, C07AB01-14, C07AG01-02, C07BA02, C07BA05-07, C07BA12, C07BA68, C07BB02-04, C07BB06-07, C07BB12, C07BB52, C07BG01, C07CA02, C07CA03, C07CA17, C07CA23, C07CB03, C07CB02-03, C07CB53, C07CG01, C07DA06, C07DB01, C07FB02-03, C07FB07, C07FB12-13, C07FX01-06
Proton Pump Inhibitors	A02BC51, A02BC, A02BC04, A02BC02, M01AE52, A02BC05, A02BC53, A02BC03, A02BC01, A02BC06, N05AX12, A02BC54, B01AC56, N05AX16
H2-blocker	A02BA01, A02AH, A02AX, A02BA02, A02BA, A02BA03, A02BA53, A02BA04, A02BA06

Abbreviations: ATC, anatomical therapeutic chemical; CKD, chronic kidney disease; CRRT, continuous renal replacement therapy; GI, gastrointestinal; ICD, International Classification of Diseases; MI, myocardial infarction; NSAID, nonsteroidal anti-inflammatory drug; RBC, red blood cell.

Supplementary Table 2. Baseline characteristics of the entire cohort before emulating the COGENT-1 trial.

	<u>Without PPI</u>	<u>With PPI</u>	<u>SMD</u>
	<u>(N=111,730)</u>	<u>(N=50,095)</u>	
<u>Age, years</u>	<u>62.0 (10.1)</u>	<u>63.2 (10.1)</u>	<u>-.119</u>
<u>Sex, male</u>	<u>91196 (81.6)</u>	<u>39026 (77.9)</u>	<u>-.093</u>
<u>Medical aid</u>	<u>4635 (4.1)</u>	<u>2417 (4.8)</u>	<u>.033</u>
<u>BMI, kg/m² (N=108,106)</u>	<u>24.9 (3.1)</u>	<u>24.8 (3.1)</u>	<u>-.032</u>
<u>Residential area, metropolitan</u>	<u>67597 (60.5)</u>	<u>30304 (60.5)</u>	<u><.001</u>
<u>Comorbidity disease</u>			
<u>Myocardial infarction</u>	<u>7686 (6.9)</u>	<u>2995 (6.0)</u>	<u>-.037</u>
<u>Chronic heart failure</u>	<u>8394 (7.5)</u>	<u>4356 (8.7)</u>	<u>.043</u>
<u>Diabetes mellitus</u>	<u>35906 (32.1)</u>	<u>17391 (34.7)</u>	<u>.055</u>
<u>Hypertension</u>	<u>40905 (36.6)</u>	<u>19662 (39.2)</u>	<u>.054</u>
<u>Hyperlipidemia</u>	<u>46443 (41.6)</u>	<u>22087 (44.1)</u>	<u>.051</u>
<u>GI ulcer</u>	<u>23664 (21.2)</u>	<u>11691 (23.3)</u>	<u>.052</u>
<u>Anemia</u>	<u>4704 (4.2)</u>	<u>2854 (5.7)</u>	<u>.069</u>
<u>Liver cirrhosis</u>	<u>176 (0.2)</u>	<u>123 (0.2)</u>	<u>.020</u>
<u>CKD with dialysis</u>	<u>559 (0.5)</u>	<u>200 (0.4)</u>	<u>-.015</u>
<u>Stroke</u>	<u>4660 (4.2)</u>	<u>2412 (4.8)</u>	<u>.031</u>
<u>Intracranial hemorrhage</u>	<u>425 (0.4)</u>	<u>215 (0.4)</u>	<u>.008</u>
<u>Use of Steroid</u>	<u>421 (0.4)</u>	<u>325 (0.6)</u>	<u>.038</u>
<u>Use of NSAID</u>	<u>344 (0.3)</u>	<u>206 (0.4)</u>	<u>.017</u>
<u>ARC-HBR</u>	<u>5828 (5.2)</u>	<u>3531 (7)</u>	<u>.076</u>
<u>Heavy alcoholics (N=87,958)</u>	<u>887 (1.4)</u>	<u>377 (1.5)</u>	<u>.002</u>
<u>Current smoker (N=108,111)</u>	<u>30969 (42)</u>	<u>13697 (39.9)</u>	<u>-.043</u>
<u>Admit from emergency room visit</u>	<u>89384 (80)</u>	<u>39575 (79)</u>	<u>-.025</u>
<u>Medication at discharge</u>			
<u>Aspirin</u>	<u>111730 (100)</u>	<u>50095 (100)</u>	<u>=</u>
<u>Clopidogrel</u>	<u>71940 (64.4)</u>	<u>27169 (54.2)</u>	<u>-.208</u>
<u>Prasugrel</u>	<u>6338 (5.7)</u>	<u>3073 (6.1)</u>	<u>.020</u>
<u>Ticagrelor</u>	<u>33452 (29.9)</u>	<u>19853 (39.6)</u>	<u>.205</u>
<u>Beta blocker</u>	<u>89225 (79.9)</u>	<u>39270 (78.4)</u>	<u>-.036</u>
<u>ACEI</u>	<u>51299 (45.9)</u>	<u>19567 (39.1)</u>	<u>-.139</u>
<u>ARB</u>	<u>33339 (29.8)</u>	<u>17567 (35.1)</u>	<u>.112</u>
<u>Statin</u>	<u>109405 (97.9)</u>	<u>47948 (95.7)</u>	<u>-.126</u>

Values were presented n (%), mean (SD), or median (IQR)

Abbreviations: ACEI, angiotensin-converting enzyme inhibitor; ARB, Angiotensin II receptor blocker; ARC-HBR, Academic Research Consortium-High Bleeding Risk; BMI, body mass index; CKD, chronic kidney diseases; GI, gastro-intestinal; IQR, Interquartile range; NSAID, nonsteroidal anti-inflammatory drug; PPI, proton pump inhibitor; SD, standard deviation; SMD, standardized mean difference.

Supplementary Table 3. Baseline characteristics of the overall population.

	Overall	Without PPI	With PPI	P-value	SMD
	(N=118,420)	(N=82,854)	(N=35,566)		
Age, years	61.24 (9.95)	61.03 (9.94)	61.75 (9.94)	<.001	.072
Sex, male	98,509 (83.2)	69,551 (83.9)	28,958 (81.4)	<.001	.067
Medical aid	4,088 (3.5)	2,801 (3.4)	1,287 (3.6)	.041	.013
BMI, kg/m² (N=81,068)	24.99 (3.03)	25.00 (3.02)	24.96 (3.04)	.101	.012
Residential area, metropolitan	73,776 (62.3)	52,269 (63.1)	21,507 (60.5)	<.001	.054
Comorbidity disease					
Myocardial infarction	6,896 (5.8)	5,156 (6.2)	1,740 (4.9)	<.001	.058
Chronic heart failure	6,918 (5.8)	4,825 (5.8)	2,093 (5.9)	.690	.003
Diabetes mellitus	34,339 (29.0)	24,012 (29.0)	10,327 (29.0)	.854	.001
Hypertension	38,683 (32.7)	27,132 (32.7)	11,551 (32.5)	.369	.006
Hyperlipidemia	47,019 (39.7)	32,678 (39.4)	14,341 (40.3)	.005	.018
GI ulcer	23,188 (19.6)	15,798 (19.1)	7,390 (20.8)	<.001	.043
Anemia	3,015 (2.5)	2,080 (2.5)	935 (2.6)	.243	.007
Liver cirrhosis	94 (0.1)	50 (0.1)	44 (0.1)	.001	.021
CKD with dialysis	732 (0.6)	558 (0.7)	174 (0.5)	<.001	.024
Stroke	3,953 (3.3)	2,751 (3.3)	1,202 (3.4)	.615	.003
Intracranial hemorrhage	367 (0.3)	256 (0.3)	111 (0.3)	.975	.001
Use of Steroid	236 (0.2)	156 (0.2)	80 (0.2)	.220	.008
Use of NSAID	182 (0.2)	124 (0.1)	58 (0.2)	.646	.003
ARC-HBR	23,254 (19.6)	16,021 (19.3)	7,233 (20.3)	<.001	.025
Heavy alcohol drinker (N=65,009)	970 (1.2)	686 (1.2)	284 (1.1)	<.001	.010
Current smoker (N=81,072)	35,431 (54.5)	24,558 (53.1)	10,873 (57.9)	<.001	.100
Admit from emergency room visit	94,169 (79.5)	65,888 (79.5)	28,281 (79.5)	.987	<.001
Medication at discharge					
Aspirin	118,420 (100)	82,854 (100)	35,566 (100)	>.999	<.001
Clopidogrel	66,737 (56.4)	49,962 (60.3)	16,775 (47.2)	<.001	.266
Prasugrel	8,338 (7.0)	5,506 (6.6)	2,832 (8.0)	<.001	.051
Ticagrelor	43,345 (36.6)	27,386 (33.1)	15,959 (44.8)	<.001	.244
Beta blocker	94,158 (79.5)	66,383 (80.1)	27,775 (78.1)	<.001	.050
ACEI	52,016 (43.9)	38,258 (46.2)	13,758 (38.7)	<.001	.152
ARB	36,230 (30.6)	24,480 (29.5)	11,750 (33.0)	<.001	.075
Statin	112,165 (94.7)	77,747 (93.8)	34,418 (96.8)	<.001	.139

Values were presented as n (%), mean (SD), or median (IQR)

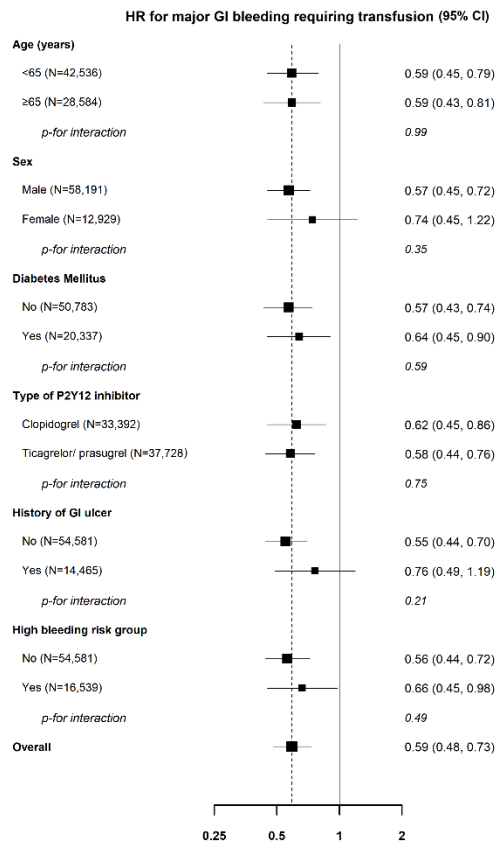
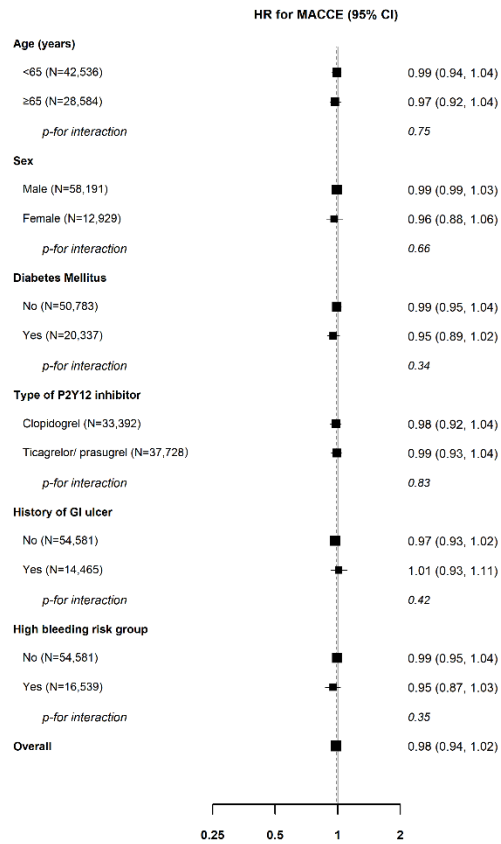
Abbreviations: ACEI, angiotensin-converting enzyme inhibitor; ARB, Angiotensin II receptor blocker; ARC-HBR, Academic Research Consortium-High Bleeding Risk; BMI, body mass index; CKD, chronic kidney diseases; GI, gastrointestinal; IQR, Interquartile range; NSAID, nonsteroidal anti-inflammatory drug; PPI, proton pump inhibitor; SD, standard deviation; SMD, standardized mean difference.

Supplementary Table 4. Comparison of 1-year efficacy and safety endpoints according to the use of PPIs using propensity score weighting methods.

	<u>Without (ref) vs. with PPI</u> <u>HR (95 % CI)</u>
<u>Overall</u>	
<u>Efficacy endpoints</u>	
<u>Major GI bleeding requiring transfusion</u>	<u>0.59 (0.49-0.72)</u>
<u>Major or minor GI bleeding with hospitalization</u>	<u>0.70 (0.60-0.82)</u>
<u>Safety endpoints</u>	
<u>MACCE*</u>	<u>0.98 (0.94-1.01)</u>
<u>Cardiovascular death</u>	<u>1.05 (0.91-1.21)</u>
<u>Spontaneous myocardial infarction</u>	<u>1.00 (0.95-1.05)</u>
<u>Ischemic stroke</u>	<u>1.09 (0.96-1.23)</u>
<u>Repeat revascularization</u>	<u>0.96 (0.92-1.00)</u>
<u>Clopidogrel User</u>	
<u>Efficacy endpoints</u>	
<u>Major GI bleeding requiring transfusion</u>	<u>0.62 (0.45-0.82)</u>
<u>Major or minor GI bleeding with hospitalization</u>	<u>0.76 (0.61-0.95)</u>
<u>Safety endpoints</u>	
<u>MACCE*</u>	<u>0.98 (0.92-1.02)</u>
<u>Cardiovascular death</u>	<u>0.99 (0.83-1.18)</u>
<u>Spontaneous myocardial infarction</u>	<u>0.99 (0.92-1.06)</u>
<u>Ischemic stroke</u>	<u>1.12 (0.96-1.31)</u>
<u>Repeat revascularization</u>	<u>0.97 (0.91-1.03)</u>
<u>Prasugrel or Ticagrelor User</u>	
<u>Efficacy endpoints</u>	
<u>Major GI bleeding requiring transfusion</u>	<u>0.57 (0.45-0.73)</u>
<u>Major or minor GI bleeding with hospitalization</u>	<u>0.65 (0.52-0.80)</u>
<u>Safety endpoints</u>	
<u>MACCE*</u>	<u>0.99 (0.94-1.04)</u>
<u>Cardiovascular death</u>	<u>1.22 (0.96-1.55)</u>
<u>Spontaneous myocardial infarction</u>	<u>1.02 (0.95-1.10)</u>
<u>Ischemic stroke</u>	<u>1.03 (0.84-1.26)</u>
<u>Repeat revascularization</u>	<u>0.95 (0.88-1.01)</u>

*MACCE was defined as a composite of cardiovascular death, spontaneous myocardial infarction, ischemic stroke, or repeat revascularization.

Abbreviations: CI, confidence interval; HR, hazard ratio; MACCE, major adverse cardiac and cerebrovascular events; PPI, proton pump inhibitor.

(A) Efficacy endpoint**(B) Safety endpoint**

Supplementary Figure 1. Comparison of efficacy and safety endpoints between the with or without PPI groups according to various subgroups.

A) Efficacy endpoints; (B) safety endpoints. Abbreviations: CI, confidence interval; GI, gastrointestinal; HR, hazard ratio; MACCE, major adverse cardiac and cerebrovascular events.